

**Child Nutrition Meal Pattern Contribution**

Basic American Foods SKU 11084  
BAF Plant Protein Crumble - Southwest Seasoned 4/13.65 oz pch

**Product Formulation Sheet:**

Description of Credible Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount *
Beans, Chickpeas, Dry Whole, Includes USDA Foods	0.116	X	1.5375	0.178
<b>A. Total Credible Meat/Meat Alternate Amount:</b>				<b>0.178</b>

\*Creditable Amount - Multiply ounces per raw portion of credible ingredient by the FBG Yield Information

II. Alternate Protein Product (APP)	Oz Dry APP / Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount of APP***
Pea Protein (Puris TPP80)	0.213	X	73%	÷ by 18	0.864
<b>B. Total Credible Meat/Meat Alternate Amount:</b>					<b>0.864</b>

A. + B. Total Creditable M/MA + APP Amount (unrounded) <sup>1</sup>	1.042
C. TOTAL CREDITABLE M/MA + APP AMOUNT (A + B rounded down to nearest 1/4 oz)	1.00
Total weight (per portion) of product as purchased	About 2 Tbsp (13g) Dry yields
<b>Total creditable amount of product (per portion)</b>	<b>About 3 Tbsp Prepared</b> <b>1 oz Meat Alternate</b>

(Reminder: Total creditable amount cannot count for more than the total weight of product.)

**Nutrition Information**

USDA Meat	1 oz M/MA
Contribution Equivalent	12.68 g
Calories	70 kcal
Total Fat	2 g
Saturated Fat	0.5 g
Trans Fat	0 g
Cholesterol	0 mg
Sodium mg	290 mg
Total Carbohydrate	4 g
Dietary Fiber	2 g
Total Sugars	0 g
Added Sugars	0 g
Protein	5 g
Vitamin D	0 mcg
Calcium	30 mg
Iron	0.9 mg
Potassium	60 mg

Serving Size Measure/Weight (oz)	Meal Pattern Contribution Equivalent	Equivalent Servings Per Pouch	Equivalent Servings Per Case
0.447	1 oz Meat/Meat Alternate	30.51	122.03

**Ingredients**

INGREDIENTS: PEA PROTEIN, CHICKPEAS, PEA FIBER AND/OR PEA FLOUR, PALM OIL, SALT, SPICES, SUNFLOWER OIL, MALTODEXTRIN, CONTAINS 2% OR LESS OF: FRUIT JUICE COLOR, GARLIC, ONION, SPICE AND COLOR (PAPRIKA), SUGAR, TOMATOES, COCOA POWDER, LACTIC ACID, NATURAL FLAVORS, YEAST EXTRACT, FRESHNESS PRESERVED WITH (CITRIC ACID).

**Packaging and Storage Information**

STORE COOL DRY (LESS THAN 80 DEGREE F); 365 Days

**Preparation and Cooking Instructions**

1: Add 1 quart hot water, (minimum 155°F) into a mixing bowl. 2: Pour one pouch of Southwest Crumble 3: Stir until all ingredients are combined well 4: Cover and let sit for 5 minutes

**Nutrition Claims**

Soy and Gluten Free; Kosher Pareve

I Certify that the above information is true and correct when prepared according to directions.



Jim Thomas, Senior Regulatory Operations Manager

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