

Child Nutrition Meal Pattern Contribution

Basic American Foods SKU 60045

Santiago® Seasoned Veg Black Beans 6/26.9oz pch

Product Formulation Sheet

Description of Credible Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Credible Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
BEANS, BLACK (TURTLE BEANS), DRY WHOLE	0.87431	X	1.1438	1.00
BEANS, BLACK (TURTLE BEANS), DRY WHOLE	1.74863	X	1.1438	2.00
Total Creditable M/MA Amount:	1.00 / 2.00	-	Total Cups:	0.25 / 0.50

Nutrition Information

USDA Meat	1/4 cup	-	1/2 cup	-
Contribution Equivalent	27.96	g	55.92	g
Calories	110	kcal	210	kcal
Total Fat	1	g	1.5	g
Saturated Fat	0	g	0.5	g
Trans Fat	0	g	0	g
Cholesterol	0	mg	0	mg
Sodium	250	mg	490	mg
Total Carbohydrate	18	g	36	g
Dietary Fiber	6	g	13	g
Total Sugars	1	g	3	g
Added Sugars	1	g	3	g
Protein	7	g	13	g
Vitamin D	0	mcg	0	mcg
Calcium	20	mg	40	mg
Iron	1.6	mg	3.1	mg
Potassium	270	mg	530	mg

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER UNIT	EQUIVALENT SERVINGS PER CASE
3.33	1 Meat/Meat Alternate	27.25	163.50
6.67	2 Meat/Meat Alternate	13.63	81.76

Ingredients
 INGREDIENTS: BLACK BEANS, SUGAR, SALT, CONTAINS 2% OR LESS OF: PALM OIL, ONION, CALCIUM CHLORIDE, SPICE, DEXTROSE, GARLIC, OREGANO EXTRACT.

Packaging and Storage Information
 STORE COOL DRY (LESS THAN 80 DEGREE F); 270 DAYS.

Preparation and Cooking Instructions
 1: Pour 1/2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. 2: Quickly pour beans into water and cover. 3: Allow beans to sit for 40 minutes*. Season if desired. Stir, Serve. Tip: If beans become dry on steamtable or oven, add hot water and stir to attain desired consistency.

Nutrition Claims
 KOSHER PAREVE; VEGETARIAN ; FREE FROM ARTIFICIAL COLOR; FREE FROM ARTIFICIAL FLAVOR; FREE FROM ARTIFICIAL PRESERVATIVES; GLUTEN FREE

I Certify that the above information is true and correct when prepared according to directions.



Jim Thomas, Senior Manager, Regulatory & Technical Support

Date 11/10/2023

Formula Version 206670\003

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Santiago® Seasoned Veg Black Beans 6/26.9oz pch

Product Formulation Sheet

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
BEANS, BLACK (TURTLE BEANS), DRY WHOLE	Bean/Pea	0.87431	X	1.1438	1.00
BEANS, BLACK (TURTLE BEANS), DRY WHOLE	Bean/Pea	1.74863	X	1.1438	2.00
Total Creditable Vegetable Amount:	-	1.00 / 2.00	-	Total Cups:	0.25 / 0.50

Nutrition Information

USDA Vegetable	1/4 cup	-	1/2 cup	-
Contribution Equivalent	27.96	g	55.92	g
Calories	110	kcal	210	kcal
Total Fat	1	g	1.5	g
Saturated Fat	0	g	0.5	g
Trans Fat	0	g	0	g
Cholesterol	0	mg	0	mg
Sodium	250	mg	490	mg
Total Carbohydrate	18	g	36	g
Dietary Fiber	6	g	13	g
Total Sugars	1	g	3	g
Added Sugars	1	g	3	g
Protein	7	g	13	g
Vitamin D	0	mcg	0	mcg
Calcium	20	mg	40	mg
Iron	1.6	mg	3.1	mg
Potassium	270	mg	530	mg

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER UNIT	EQUIVALENT SERVINGS PER CASE
3.33	1/4C Vegetable/Bean/Pea	27.25	163.50
6.67	1/2C Vegetable/Bean/Pea	13.63	81.76

Ingredients
 INGREDIENTS: BLACK BEANS, SUGAR, SALT, CONTAINS 2% OR LESS OF: PALM OIL, ONION, CALCIUM CHLORIDE, SPICE, DEXTROSE, GARLIC, OREGANO EXTRACT.

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