

## Child Nutrition Meal Pattern Contribution Basic American Foods SKU 53498

### Potato Pearls® Golden Extra Rich Mashed 12/29.6oz pch

#### Product Formulation Sheet:

| Description of Credible Ingredient per Food Buying Guide (FBG)      | Vegetable Subgroup | Ounces per Raw Portion of Creditable Ingredient | Multiply | FBG Yield/Purchase Unit    | Creditable Amount (Quarter Cups) |
|---------------------------------------------------------------------|--------------------|-------------------------------------------------|----------|----------------------------|----------------------------------|
| Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity | Starchy            | 0.31683                                         | X        | 3.1563                     | 1.00                             |
| Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity | Starchy            | 0.63366                                         | X        | 3.1563                     | 2.00                             |
| <b>Total Creditable Vegetable Amount:</b>                           |                    | <b>1.00 / 2.00</b>                              |          | <b>Total Cups Starchy:</b> | <b>0.25 / 0.50</b>               |



| Nutrition Information   |         |          |
|-------------------------|---------|----------|
| USDA Vegetable          | 1/4 cup | 1/2 cup  |
| Contribution Equivalent | 9.83 g  | 19.66 g  |
| Calories*               | 35      | 70       |
| Protein*                | <1g     | 2 g      |
| Carbohydrate*           | 7 g     | 15 g     |
| Dietary Fiber*          | <1g     | 1 g      |
| Sugars*                 | 0 g     | 0 g      |
| Total Fat*              | 0 g     | 0 g      |
| Trans Fat*              | 0 g     | 0 g      |
| Saturated Fat*          | 0 g     | 0 g      |
| Cholesterol*            | 0 mg    | 0 mg     |
| Iron                    | 0.12 mg | 0.23 mg  |
| Calcium                 | 5.13 mg | 10.27 mg |
| Sodium*                 | 160 mg  | 330 mg   |
| Potassium*              | 120 mg  | 240 mg   |
| Vitamin A               | 0.95 IU | 1.90 IU  |
| Vitamin C               | 3.19 mg | 6.38 mg  |

\* calculated using FDA Nutrition Facts rounding rules

| SERVING SIZE MEASURE/WEIGHT | MEAL PATTERN CONTRIBUTION EQUIVALENT | EQUIVALENT SERVINGS PER BAG | EQUIVALENT SERVINGS PER CASE |
|-----------------------------|--------------------------------------|-----------------------------|------------------------------|
| 1.84 oz.                    | 1/4C Vegetable/Starchy               | 85.37                       | 1024.44                      |
| 3.69 oz.                    | 1/2C Vegetable/Starchy               | 42.68                       | 512.16                       |

**Ingredients:** Potatoes, Salt, Maltodextrin, Contains 2% or Less of: Sunflower Oil, Mono and Diglycerides, Natural and Artificial Flavor, Artificial Color. Freshness Preserved with: Sodium Bisulfite, BHT. Made on Equipment that Also Processes Milk.

**Packaging and Storage Information:** Store cool dry (less than 80 degree F); 270 Days.

#### Preparation and Cooking Instructions

1: Pour 1 gallon (3.8L) of boiling water (212°F) into 6" deep half-size steamtable pan. 2: Add all potatoes while stirring (For machine mix prep, mix on low using whip attachment). 3: Let stand for 1 minute, stir well and serve (For machine mix prep, mix on high for 2 minutes).

**Nutrition Claims:** Gluten Free, Kosher Dairy.

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Senior Technical Services Manager

11/9/2019  
208124/03