

Child Nutrition Meal Pattern Contribution Basic American Foods SKU 81837 Potato Pearls® Extra Rich Mashed- Low Sodium 6/3.55 lb ctn

Product Formulation Sheet: Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.31683	X	3.1563	1.00
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.63366	X	3.1563	2.00
Total Creditable Vegetable Amount:		1.00 / 2.00		Total Cups Starchy:	0.25 / 0.50



Nutrition Information			
USDA Vegetable	1/4 cup	1/2 cup	
Contribution Equivalent	9.45 g	18.90 g	
Calories	35	70	
Protein	< 1g	2 g	
Carbohydrate	7 g	15 g	
Dietary Fiber	< 1g	1 g	
Total Sugars	0 g	0 g	
Added Sugars	0 g	0 g	
Total Fat	0 g	0 g	
Trans Fat	0 g	0 g	
Saturated Fat	0 g	0 g	
Cholesterol	0 mg	0 mg	
Iron	0.1 mg	0.2 mg	
Calcium	10 mg	10 mg	
Sodium	10 mg	15 mg	
Potassium	120 mg	240 mg	
Vitamin D	0 mcg	0 mcg	

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER CARTON	EQUIVALENT SERVINGS PER CASE
1.84 oz.	1/4C Vegetable/Starchy	170.37	1022.22
3.67 oz.	1/2C Vegetable/Starchy	85.18	511.08

Ingredients: Potatoes, Maltodextrin, Contains 2% or Less of: Sunflower Oil, Mono and Diglycerides, Natural and Artificial Flavor, Artificial Color, Freshness Preserved with: Sodium Bisulfite, BHT. Made on Equipment that also Processes Milk.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days.

Preparation and Cooking Instructions

Pour 2 gallons boiling water in mixing bowl. **HAND MIX:** Add potatoes, stir constantly with whisk. Let stand for 1 minute, stir well and serve. **MACHINE MIX:** Using whip attachment, mix on low; slowly add product. Scrape bowl, whip on high until fluffy (2 minutes). Ready to serve or to add recipe ingredients. Add more boiling water to make potatoes thinner, more potatoes to make thicker. This is a low sodium product, season to taste.

Nutrition Claims: Low Sodium, Gluten Free, Kosher Dairy.

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Senior Technical Services Manager

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