

Child Nutrition Meal Pattern Contribution Basic American Foods SKU 10302 Santiago® Smart Servings™ Vegetarian Ref Beans- Low Sodium 6/26.25 oz pch

Product Formulation Sheet: Meat/Meat Alternate

Description of Credible Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount
Beans, Pinto, dry Whole Includes USDA Commodity	0.76191	X	1.3125	1.00
Beans, Pinto, dry Whole Includes USDA Commodity	1.52381	X	1.3125	2.00
Total Creditable M/MA Amount:				1.00 / 2.00



Nutrition Information		
	1/4 cup (1 Meat/Meat Alternate)	1/2 cup (2 Meat/Meat Alternate)
USDA Meat/Meat Alternate Contribution Equivalent	21.80 g	43.59 g
Calories*	80	160
Protein*	5 g	10 g
Carbohydrate*	14 g	29 g
Dietary Fiber*	5 g	10 g
Sugars*	0 g	0 g
Total Fat*	0 g	0.5 g
Trans Fat*	0 g	0 g
Saturated Fat*	0 g	0 g
Cholesterol*	0 mg	0 mg
Iron	1.15 mg	2.29 mg
Calcium	25.27 mg	50.53 mg
Sodium*	80 mg	160 mg
Potassium*	240 mg	480 mg
Vitamin A	0.00 IU	0.00 IU
Vitamin C	0.44 mg	0.88 mg

* calculated using FDA Nutrition Facts rounding rules

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
2.64 oz.	1 Meat/Meat Alternate	34.14	204.84
5.28 oz.	2 Meat/Meat Alternate	17.07	102.42

Ingredients: Pinto Beans, Salt.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days (minimum).

Preparation and Cooking Instructions

1: Pour 1/2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. Step 2: Quickly pour full pouch of beans into water and cover. Step 3: Allow beans to sit for 25 minutes on steamtable. Step 4: Season if desired, stir, serve.

Nutrition Claims: Gluten Free, Low Sodium, Vegetarian, No Artificial Colors or Flavors, No Preservatives.

Joe E. Bailey, Senior Technical Services Manager

11/8/2019
206771/04

Child Nutrition Meal Pattern Contribution

Basic American Foods SKU 10302

Santiago® Smart Servings™ Vegetarian Ref Beans-Low Sodium 6/26.25 oz pch

Product Formulation Sheet: Vegetable

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Beans, Pinto, dry Whole Includes USDA Commodity	Bean/Pea	0.76191	X	1.3125	1.00
Beans, Pinto, dry Whole Includes USDA Commodity	Bean/Pea	1.52381	X	1.3125	2.00
Total Creditable Vegetable Amount:		1.00 / 2.00		Total Cups Bean/Pea:	0.25 / 0.50



Nutrition Information		
USDA Vegetable	1/4 cup	1/2 cup
Contribution Equivalent	21.80 g	43.59 g
Calories*	80	160
Protein*	5 g	10 g
Carbohydrate*	14 g	29 g
Dietary Fiber*	5 g	10 g
Sugars*	0 g	0 g
Total Fat*	0 g	0.5 g
Trans Fat*	0 g	0 g
Saturated Fat*	0 g	0 g
Cholesterol*	0 mg	0 mg
Iron	1.15 mg	2.29 mg
Calcium	25.27 mg	50.53 mg
Sodium*	80 mg	160 mg
Potassium*	240 mg	480 mg
Vitamin A	0.00 IU	0.00 IU
Vitamin C	0.44 mg	0.88 mg

* calculated using FDA Nutrition Facts rounding rules

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
2.64 oz.	1/4C Vegetable/Bean/Pea	34.14	204.84
5.28 oz.	1/2C Vegetable/Bean/Pea	17.07	102.42

Ingredients: Pinto Beans, Salt.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days.

Preparation and Cooking Instructions

1: Pour 1/2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. 2: Quickly pour full pouch of beans into water and cover. 3: Allow beans to sit for 25 minutes on steamtable. 4: Season if desired, stir, serve.

Nutrition Claims: Gluten Free, Low Sodium, Vegetarian, No Artificial Colors or Flavors, No Preservatives.

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Senior Technical Services Manager

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