

Child Nutrition Meal Pattern Contribution Basic American Foods SKU 67245 Santiago® Refried Beans 6/29.77 oz pch

Product Formulation Sheet: Meat/Meat Alternate

Description of Credible Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Credible Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount
Beans, Pinto, dry Whole Includes USDA Commodity	0.76191	X	1.3125	1.00
Beans, Pinto, dry Whole Includes USDA Commodity	1.52381	X	1.3125	2.00
Total Creditable M/MA Amount:				1.00 / 2.00



USDA Meat/Meat Alternate	Nutrition Information	
	1/4 cup (1 Meat/Meat Alternate)	1/2 cup (2 Meat/Meat Alternate)
Contribution Equivalent	24.60 g	49.20 g
Calories*	100	200
Protein*	5 g	10 g
Carbohydrate*	14 g	28 g
Dietary Fiber*	5 g	10 g
Sugars*	0 g	0 g
Total Fat*	2.5 g	5 g
Trans Fat*	0 g	0 g
Saturated Fat*	1 g	2 g
Cholesterol*	<5mg	<5mg
Iron	1.14 mg	2.29 mg
Calcium	25.44 mg	50.89 mg
Sodium*	310 mg	620 mg
Potassium*	240 mg	480 mg
Vitamin A	0.00 IU	0.00 IU
Vitamin C	0.44 mg	0.88 mg

* calculated using FDA Nutrition Facts rounding rules

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
2.73 oz.	1 Meat/Meat Alternate	34.31	205.86
5.46 oz.	2 Meat/Meat Alternate	17.15	102.90

Ingredients: Pinto Beans, Lard, Salt.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days.

Preparation and Cooking Instructions

1: Pour 1/2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. 2: Quickly pour full pouch of beans into water and cover. 3: Allow beans to sit for 25 minutes on steamtable. 4: Season if desired, stir, serve.

Nutrition Claims: Gluten Free, No Artificial Colors or Flavors, No Preservatives.

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Senior Technical Services Manager

11/8/2019
206593/01

Child Nutrition Meal Pattern Contribution Basic American Foods SKU 67245 Santiago® Refried Beans 6/29.77 oz pch

Product Formulation Sheet: Vegetable

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Beans, Pinto, dry Whole Includes USDA Commodity	Bean/Pea	0.76191	X	1.3125	1.00
Beans, Pinto, dry Whole Includes USDA Commodity	Bean/Pea	1.52381	X	1.3125	2.00
Total Creditable Vegetable Amount:		1.00 / 2.00		Total Cups Starchy:	0.25 / 0.50



Nutrition Information			
USDA Vegetable	1/4 cup	1/2 cup	
Contribution Equivalent	24.60 g	49.20 g	
Calories*	100	200	
Protein*	5 g	10 g	
Carbohydrate*	14 g	28 g	
Dietary Fiber*	5 g	10 g	
Sugars*	0 g	0 g	
Total Fat*	2.5 g	5 g	
Trans Fat*	0 g	0 g	
Saturated Fat*	1 g	2 g	
Cholesterol*	< 5mg	< 5mg	
Iron	1.14 mg	2.29 mg	
Calcium	25.44 mg	50.89 mg	
Sodium*	310 mg	620 mg	
Potassium*	240 mg	480 mg	
Vitamin A	0.00 IU	0.00 IU	
Vitamin C	0.44 mg	0.88 mg	

* calculated using FDA Nutrition Facts rounding rules

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
2.73 oz.	1/4C Vegetable/Starchy	34.31	205.86
5.46 oz.	1/2C Vegetable/Starchy	17.15	102.90

Ingredients: Pinto Beans, Lard, Salt.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days.

Preparation and Cooking Instructions

1: Pour 1/2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. 2: Quickly pour full pouch of beans into water and cover. 3: Allow beans to sit for 25 minutes on steamtable. 4: Season if desired, stir, serve.

Nutrition Claims: Gluten Free, No Artificial Colors or Flavors, No Preservatives.

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