

Child Nutrition Meal Pattern Contribution Basic American Foods SKU 10217

BAF Mashed Potato Granules, Non-Dairy w/Vit C- 6/5.75 lb. Safe-T-Can

Product Formulation Sheet:

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.31683	X	3.1563	1.00
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.63366	X	3.1563	2.00
Total Creditable Vegetable Amount:		1.00 / 2.00		Total Cups Starchy:	0.25 / 0.50



Nutrition Information			
USDA Vegetable	1/4 cup	1/2 cup	
Contribution Equivalent	9.04 g	18.07 g	
Calories	35	70	
Protein	<1 g	2 g	
Carbohydrate	7 g	14 g	
Dietary Fiber	<1 g	1 g	
Total Sugars	0 g	0 g	
Added Sugars	0 g	0 g	
Total Fat	0 g	0 g	
Trans Fat	0 g	0 g	
Saturated Fat	0 g	0 g	
Cholesterol	0 mg	0 mg	
Iron	0.1 mg	0.3 mg	
Calcium	0 mg	10 mg	
Sodium	5 mg	15 mg	
Potassium	150 mg	300 mg	
Vitamin D	0 mcg	0 mcg	
Vitamin C	17 mg	34 mg	

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER CAN	EQUIVALENT SERVINGS PER CASE
1.92 oz.	1/4C Vegetable/Starchy	288.67	1732.02
3.85 oz.	1/2C Vegetable/Starchy	144.33	865.98

Ingredients: Potatoes, Mono and Diglycerides, Ascorbic Acid (Vitamin C), Calcium Stearoyl-2-Lactylate, Freshness Preserved with: Sodium Bisulfite, BHT.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 365 Days.

Preparation and Cooking Instructions:

1: Measure and combine 12 quarts of water and 2 quarts of 2% milk*. Bring to a boil. (Optional: Add unsalted margarine and Salt) 2: Remove from heat and pour into mixer bowl. Mix on low and slowly add potatoes for 1 minute. 3: Scrape bowl, whip on high until fluffy for 3 minutes, hold until ready to serve. Tips: For thicker mashed potatoes add more potatoes. For thinner mashed potatoes add more boiling water. For varying quantities add 1 part potatoes to 2 parts boiling water. *2% milk can be replaced with non-dairy milk substitute.

Nutrition Claims: Gluten Free, Kosher Pareve, Non-Dairy as Packaged

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Senior Technical Services Manager

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