

## Child Nutrition Meal Pattern Contribution

### Basic American Foods SKU 10215

### BAF Mashed Potatoes Complete w/ VitC-L/S 6/5.31lb Safe-T-Can®

#### Product Formulation Sheet

| Description of Credible Ingredient per Food Buying Guide (FBG)  | Vegetable Subgroup | Ounces per Raw Portion of Creditable Ingredient | Multiply | FBG Yield/Purchase Unit | Creditable Amount (Quarter Cups) |
|---|--------------------|---|----------|-------------------------|----------------------------------|
| POTATOES, DEHYDRATED, GRANULES LOW MOISTURE INCLUDES USDA FOODS | Starchy            | 0.31683   | X        | 3.1563                  | 1.00                             |
| POTATOES, DEHYDRATED, GRANULES LOW MOISTURE INCLUDES USDA FOODS | Starchy            | 0.63366   | X        | 3.1563                  | 2.00                             |
| <b>Total Creditable Vegetable Amount:</b>                       | -                  | <b>1.00 / 2.00</b>                              | -        | <b>Total Cups:</b>      | <b>0.25 / 0.50</b>               |

#### Nutrition Information

| USDA Vegetable          | 1/4 cup | -    | 1/2 cup | -    |
|-------------------------|---------|------|---------|------|
| Contribution Equivalent | 9.05    | g    | 18.09   | g    |
| Calories                | 35      | kcal | 70      | kcal |
| Total Fat               | 0       | g    | 0       | g    |
| Saturated Fat           | 0       | g    | 0       | g    |
| Trans Fat               | 0       | g    | 0       | g    |
| Cholesterol             | 0       | mg   | 0       | mg   |
| Sodium                  | 5       | mg   | 10      | mg   |
| Total Carbohydrate      | 7       | g    | 14      | g    |
| Dietary Fiber           | 1       | g    | 1       | g    |
| Total Sugars            | 0       | g    | 0       | g    |
| Added Sugars            | 0       | g    | 0       | g    |
| Protein                 | 1       | g    | 2       | g    |
| Vitamin D               | 0       | mcg  | 0       | mcg  |
| Calcium                 | 0       | mg   | 10      | mg   |
| Iron                    | 0.1     | mg   | 0.3     | mg   |
| Potassium               | 150     | mg   | 300     | mg   |
| Vitamin C               | 16      | mg   | 31      | mg   |

| SERVING SIZE MEASURE/WEIGHT | MEAL PATTERN CONTRIBUTION EQUIVALENT | EQUIVALENT SERVINGS PER UNIT | EQUIVALENT SERVINGS PER CASE |
|-----------------------------|--------------------------------------|------------------------------|------------------------------|
| 1.80                        | 1/4 Vegetable/Starchy                | 266.28                       | 1597.68                      |
| 3.60                        | 1/2 Vegetable/Starchy                | 133.14                       | 798.84                       |

**Ingredients**  
 INGREDIENTS: POTATOES, CONTAINS 2% OR LESS OF: ASCORBIC ACID (VITAMIN C), MONO AND DIGLYCERIDES, CALCIUM STEAROYL LACTYLATE, NATURAL FLAVOR, FRESHNESS PRESERVED WITH: SODIUM BISULFITE, BHT.

**Packaging and Storage Information**  
 STORE COOL DRY (LESS THAN 80 DEGREE F); 365 DAYS.

**Preparation and Cooking Instructions**  
 1: Pour 12 quarts boiling water into mixer bowl (Optional: add unsalted margarine and salt). 2: Mix on low and slowly add potatoes for 1 minute. 3: Scrape bowl and whip on high until fluffy for 2 minutes, hold until ready to serve.  
 Tips: If desired add additional ingredients in step 1. Add more boiling water to make potatoes thinner or more potatoes to make thicker. For varying quantities add 1 part potatoes to 2 parts boiling water.

**Nutrition Claims**  
 NON-DAIRY AS PACKAGED; GLUTEN FREE; KOSHER PAREVE

I Certify that the above information is true and correct when prepared according to directions.



Jim Thomas, Senior Manager, Regulatory & Technical Support

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